

9. The apparatus of claim 8, wherein said cable is comprised of first and second sections coupled together by a central biasing element.

10. The apparatus of claim 8, wherein said cam follower surface comprises a post extending generally transversely of a longitudinal axis of said locking pin.

11. The apparatus of claim 8, wherein said cam follower surface comprises a pair of posts extending transversely of said locking pin.

12. The apparatus of claim 8, wherein said locking pin includes an elongated slot for receiving said pivot pin therethrough, said elongated slot enabling linear movement of said locking pin within said housing without interference from said pivot pin.

13. The apparatus of claim 8, further comprising a pair of said cables, and

wherein each actuating member of each said housing is coupled via one of said cables with said locking pin of the other said housing, such that moving either one of said actuating members to said unlocked position causes both of said locking pins to be generally simultaneously moved into said unlocked position.

14 A cross bar adapted to be used with a pair of support rails, where the support rails are secured to an outer body surface of a vehicle, for supporting articles thereon above said outer body surface, said cross bar comprising:

a tubular portion having opposite end portions;

a housing disposed at each of said opposite end portions;

each said housing including:

a pivotally mounted actuating member mounted therein and moveable between a locked position and an unlocked position, said actuating member having a first camming surface;

a locking pin disposed for linear movement therein and adapted to engage a respective one of said support rails to lock its associated said housing at a specific position along its associated said support rail, said locking pin including a second camming surface engageable with said first camming surface to enable said locking pin to be cammingly urged linearly into engagement with its respective said support rail when said actuating member is moved into said locked position, and moved out of locking engagement with said associated support rail when said actuating member is moved into said unlocked position;

a biasing element for urging said locking pin into engagement with said associated support rail when said actuating member is urged into said locked position;

an elongated coupling element for connecting said actuating member with said locking pin of the other said housing; and

wherein movement of one of said actuating members into said locked position causes said locking pin within each of said housings to be urged substantially simultaneously into engagement with their associated said support rails, thereby permitting said cross bar to be repositioned along said support rails; and

wherein movement of one of said actuating members into said locked position causes both of said locking pins to be urged substantially simultaneously into engagement with its associated said support rail.

15. The cross bar of claim 14, wherein said elongated coupling element comprises a cable having first and second sections coupled together by a central biasing element, said central biasing element operating to maintain said cable taut between said actuating member and said locking member between which it is coupled.

16. The cross bar of claim 14, further comprising:

a pair of elongated coupling elements, each said coupling element having first and second sections;

a pair of central biasing elements, with one of said central biasing elements being secured between said first and second sections of a respective one of said coupling elements;